

Sample Lesson Plan
Construction Industry Training Program (10-hour)
Introduction to OSHA

Introduction

- OSH Act
- OSHA Standards compiled in Code of Federal Regulations, Volume 29 (29 CFR)
- General Duty Clause 5(a)(1)
- General Safety and Health Provisions—Competent Person and Recordkeeping
- Contact OSHA—1-800-321-OSHA or <http://www.osha.gov>

Instructor's Activities

- PowerPoint presentation
- Discuss the OSH Act, violations and penalties
- Participant feedback

Learning Objectives and Outcomes

I. Purpose of OSHA

- A. Reduces workplace hazards and encourages employers and workers to develop new and improve existing safety and health programs.
- B. Develops and enforces mandatory job safety and health standards.
- C. Maintains a reporting and recording system to monitor job-related injuries and illnesses.
- D. Provides assistance, training and other support programs for employers and workers.

II. Workers' responsibilities

- A. Read OSHA poster.
- B. Follow employer's safety and health rules.
- C. Follow safe work practices.
- D. Report hazardous conditions to a supervisor or safety officer.
- E. Report hazardous conditions to OSHA if employer does not respond.
- F. Cooperate with OSHA inspectors.

III. Workers' rights

- A. Identify and correct problems working with employers whenever possible.
- B. Complain to OSHA about hazardous workplace conditions.
- C. Seek safe and healthful conditions on the job without being disciplined or fired.

IV. Employers' rights and responsibilities

- A. Provide a safe and healthful workplace free of hazards.
- B. Follow OSHA standards.
- C. Provide training, medical examinations and recordkeeping.

V. Competent Person

- A. Knows the right standards
- B. Can identify hazards
- C. Is designated by employer, and has the authority to take appropriate action

References

OSHA Standards

- The Construction Industry Standards (29 CFR Part 1926)
www.osha.gov/pls/oshaweb/owastand.display_standard_group?p_toc_level=1&p_part_number=1926
- General Safety and Health Provisions (29 CFR Part 1926 Subpart C)
www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=STANDARDS&p_id=10907
- Inspections, Citations, and Proposed Penalties (29 CFR Part 1903)
www.osha.gov/pls/oshaweb/owastand.display_standard_group?p_toc_level=1&p_part_number=1903
- The OSH Act
www.osha.gov/pls/oshaweb/owasrch.search_form?p_doc_type=OSHACT&p_toc_level=0
- Recording and Reporting Occupational Injuries and Illness (29 CFR Part 1904)
www.osha.gov/pls/oshaweb/owastand.display_standard_group?p_toc_level=1&p_part_number=1904

OSHA Publications

www.osha.gov/pls/publications/pubindex.list

- 2019 OSHA Publications and Audiovisual Programs (1999)
- 2056 All About OSHA (2000)
- 2098 OSHA Inspections (1998)
- 2202 Construction Industry Digest (1998)
- 2209 Handbook for Small Businesses (1996)
- 2254 Training Requirements in OSHA Standards and Training Guidelines (1998)
- 3000 Employers Rights and responsibilities Following an OSHA Inspection (1999)
- 3021 Employee Workplace Rights (1997)
- 3047 Consultation Services for the Employer (1997)
- 3163 Small Business - Questions & Answers for Small Business (2000)
- OSHA 300, 300A and 301 Forms - OSHA Recordkeeping Forms
- OSHA Brochure - New Ways of Working (2000)
- OSHA Poster
- Voluntary Protection Program (VPP) - So You Want to Apply to VPP (1997)

OSHA Videos

www.osha-slc.gov/SLTC/multimedia.html

- Construction Safety: Choice or Chance

This material was translated under Susan B. Harwood grant number 46F1-HT06 awarded to the Texas Engineering Extension Service, OSHA Training Institute Southwest Education Center from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.

Este material fue traducido bajo número 46F1-HT06 de la concesión de Susan B. Harwood concedido a Texas Engineering Extension Service, OSHA Training Institute Southwest Education Center del Occupational Safety and Health Administration, U.S. Department of Labor. No refleja necesariamente las vistas o las políticas del U.S. Department of Labor, ni menciona los nombres comerciales, productos comerciales, o las organizaciones implican el endoso por el gobierno de Estados Unidos.